

Chieveley Pre-School: Health Policy

Reviewed and updated in line with EYFS 2024, Early Years Alliance guidance, and relevant UK health and safety legislation.

This version incorporates local procedures and updates existing practices from the 2022 policy.

1. Aim

To ensure Chieveley Pre-School is a suitable, clean, and safe place for children to be cared for and where they can grow and learn while promoting health, hygiene and appropriate care during illness.

2. Objectives

- Ensure emergency and first aid treatment is available and correctly administered.
- Safely administer medication in line with legislation and parental consent.
- Identify and minimise allergen risks.
- Prevent and control the spread of infection and manage illness appropriately.
- Promote healthy lifestyle choices, including diet, oral health and hygiene.
- Support parents' preferences on complementary therapies where safe.
- Have clear procedures for managing pandemics or illness outbreaks.

3. Key Health Procedures

- Accidents and emergency treatment (04.01) – includes qualified first aiders, St John Ambulance kit standards, and reporting serious incidents.
- Administration of medicine (04.02) – requires written consent, proper labelling, and records of doses.
- Life-saving medication and invasive treatments (04.03) – includes Epipens and rectal Diazepam, with required training and consent.
- Allergies and food intolerance (04.04) – managed through individual healthcare plans and dietary lists.
- Poorly children (04.05) – guidance for exclusion periods, symptom monitoring and emergency response.
- Infection control (04.05b) – based on Public Health England and UKHSA guidance.
- Oral health (04.06) – healthy drinks/snacks, dummy use advice and support for dental hygiene.

4. Legal and Best Practice References

- Medicines Act 1968
- RIDDOR 2013
- COSHH Regulations 2002
- Health and Safety (First Aid) Regulations 1981
- Food Information Regulations 2014
- EYFS Statutory Framework 2024
- Public Health Agency guidance on infection control
- Infant & Toddler Forum – Ten Steps for Healthy Toddlers

5. Monitoring and Review

This policy will be reviewed annually or following significant changes in legislation or after any incident that highlights a need for policy revision. The Pre-School Manager and committee will approve all changes.

This notice was reviewed and adopted by the Chieveley Pre-School committee.

Signed Preschool Manager:

Date: 04/09/2025



A. Stevens



Signed Preschool Chair:

Date: 13.08.25